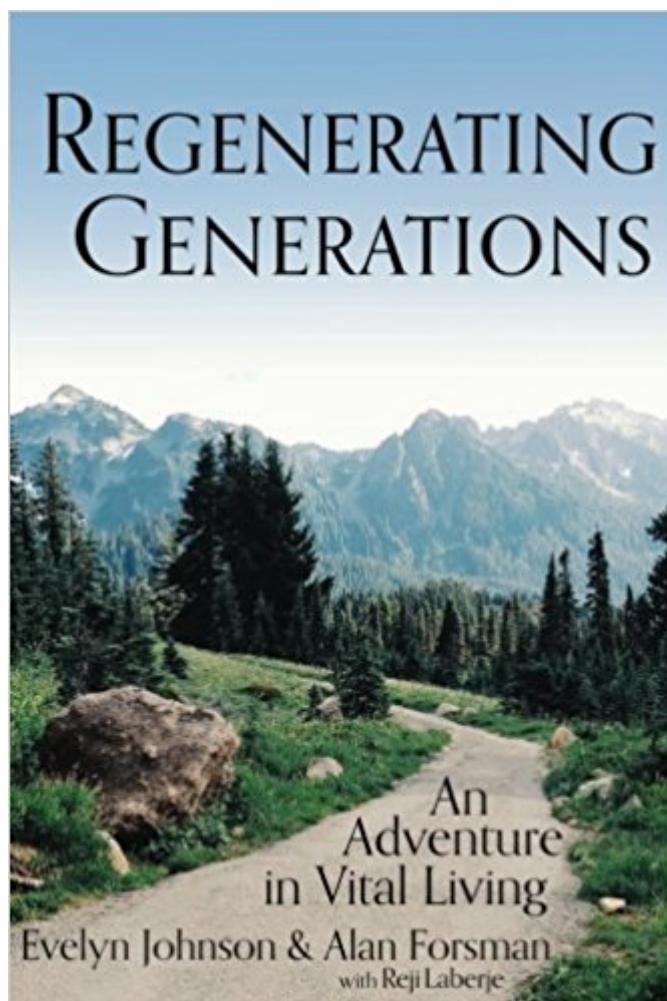


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# Regenerating Generations: An Adventure In Vital Living



## **Synopsis**

This is a wake up call. We are facing an age wave of tsunami proportions. It is time for church leaders to envision, plan, and implement significant experiences for older adults and those preparing for retirement and beyond. Evelyn Johnson and Alan Forsman, take us through an overview of biblical and historical references to old age. A detailed social, psychological, emotional, and practical look at the lives and transitions of older adults sets the stage. Johnson and Forsman will provide a framework for wholistic ministry by, with, and for older adults, as well as an in depth planning process for individuals and the church. Filled with VITAL LIFE stories of those who challenge the myths and stereotypes of aging by staying engaged in purposeful living, as well as stories of existing and emerging ministries in this field, we can all feel inspired and motivated to get engaged in this process of preparing for our new future.

## **Book Information**

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## **Customer Reviews**

This is a time critical text that is essential reading for those of us who are entering retirement and seek to lead a meaningful and purposeful life in the years ahead. How do we prepare for this major life milestone? The book provides useful tools as we reflect upon who God has made us and what passions motivate our heart and leads to action. I love that these tools are biblically based and affirm that God has a plan for each of us. Read the book and learn what SPIES mean. When you are finished reading the book you will be ready to jump in, develop a plan, and move into action. But this book is not just for the individual. It is a wonderful reference for church leaders and pastors who are struggling to prepare for the wave of baby boomers who are ready to embrace retirement. Read

the book, you will not be disappointed

Retirement is very different today than 50 years ago. With longer life expectancy, we have to be thinking about the 15-20 years after 65. This book provides ideas and a framework for thinking through what you will be doing, and how the church can minister to and help us find value in our next phase. If you are thinking about Senior Ministry or your ministry as a senior, this is a good read.

As someone who pastors a church that is intentionally multi-generational, I have been searching for some help to engage and mobilize older adults. This is that book. There are real life stories that are very helpful in offering practical insights for ministry to and with people who are thinking about retiring or have already retired. We have many senior adults who have had successful careers and life experiences and now are looking for significance in their retirement years. Reading this book has challenged us to not settle for just potlucks and bus trips for seniors, but to utilize their life experience for vital ministry purposes. The book will challenges people in the senior demographic to purposefully engage or re-engage in ministry. This book is very readable, very practical and would be a big help to any church leader who takes ministry with senior adults seriously.

The three authors have put together an excellent book. It is concise, easy to read, helpful, well researched, and filled with complimentary biographical and anecdotal stories. This is a "well worth reading" guide to foster conversation and discussion about how to live fully into the process of aging. When I finished reading it, which included reflecting on my own aging situation, I wanted more chapters--a sign of the worth and value of a book is when the reader wants more, and I did.

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